bhāṣya first explains the meaning of śiṣṭa in order to draw attention to the cultural basis of the name Āryāvarta. He remarks that correct conduct is found in Āryāvarta and then mentions its boundaries. 684

In the Brāhmaṇa period the centre of Āryan culture and civilization shifted to the Gangetic Doab "Āryāvarta came to be treated as conterminous with the region between the Gaṅgā and Yamunā.685 In the Taittirīya Āraṇyaka686 special honour is assigned to those who dwell between the Gaṅgā and the Yamunā. In the Sutra period Āryāvarta extended from the hills of Central Rajasthan to the hills of Central Bihar.687

At the time of Patañjali,⁶⁸⁸ Āryāvarta was bounded on the north by the Himalayas, on the south by Pāriyātraka, on the west by Ādarśāvalī and on the east by Kālakavana (Rajmahal hills) 'Black Forest' or rather Kanakhala, near Hardwar.⁶⁸⁹

Thus it seems that \bar{A} ry \bar{a} varta bore a sacerdotal sense and denoted a particularly limited area where \bar{A} ryan institutions were the basis of social order.

What was originally called Āryāvarta was later named as Madhya-deśa and Āryāvarta came to include the whole of Northern India. This is related to the gradual spread of Āryanism. 691 Brahmāvarta and Brahmarṣideśa lost their identity in the Madhya-deśa and combined with Prācya, Pratīcya and Udīcya (Uttarāpatha) became the equivalent of Āryāvarta. 692 Both Udīcya and Prācya were taken as the home (loka) of standard Sanskrit both in Pāṇini's time and earlier. In the time of Patañjali, Āryāvarta came to be regarded as the home of the Siṣṭas (persons proficient in the Sāstras) whose language set the norm. 693

By the second century A.D., the last limit of the composition of the Manu-smṛti, the wider outlook of Āryāvarta was popular. It was the name of the tract extending from the Eastern to the Western Ocean, and bounded on the north and south by the Himalaya and Vindhya respectively. This is supported by the Kāvyamīmāmsā of Rājaśekhara. Spēk Rājaśekhara speaks of the river Narmadā as the dividing line between Āryāvarta and the Dakṣiṇāpatha. In Inscription No. 1, L. 29 Āryāvarta is contrasted with Dakṣiṇāpatha, 'the southern region'. The wider sense of Āryāvarta is also supported by